



2021 Youth Council Final Report

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2021 UServeUtah Youth Council

Josh Buss • Julia Cornwell • Warren Ellsworth • Jessy Fernandez • Tyson Holman
Yuritzi Huerta Campos • Dominik Jamrich • Mariah Jeffery • Sharay Juárez • Noor Majeed
Carolyn Jill Marlin • Caleb McKee • Brynna McCormick • Annie McNeill • Abigail Mickelson
Jaden Nelson • Nina Serafin • Veronica Anne Teaforde • Erica Elise Teaforde • Jade Tran

The UServeUtah Youth Council is a youth-driven advisory board comprised of passionate and driven youth ages 16-22 from across the State of Utah.

419

Volunteers were engaged
in youth-led community
projects

345

Volunteers were aged 25
& under

1,138.7

Total volunteer hours
served

532.4

Hours were served
by UServeUtah Youth
Council members



Josh Buss

University of Utah

Addressing Local Food Insecurity

Project Description & Need:

We made Kids Nutrition Paks for Community Action Provo.

This idea came from a friend of mine who did this for her birthday. With her help, I organized an assembly line to make Kids Nutrition Paks for Community Action Provo. This project was helping to address food insecurity.

Volunteer Roles:

My parents helped with a large portion of the funding. My friend, who had done this before, helped me gather the supplies shopping.

She and others helped in the assembly line of adding each item to a large Ziploc bag and ensuring each bag had everything necessary - Community Action Provo has a list of what needs to be in each Pak.

Impact:

The Kids Nutrition Paks are easy to pick up Paks for those in need. It offers various food items and helps address pressing food insecurity concerns.

I reached out to Community Action Provo after completing the project and gave them feedback on how they can get Kids Nutrition Pak donations. I suggested posting pictures of the items they are looking for rather than general descriptions, showing an average price per Pak, and encouraging people to do this as a birthday celebration through a newsletter if they had one.

14

Total Volunteers

12

Volunteers 25 &
younger

12.9

Personal volunteer
hours served

2.4

Project volunteer
hours

15.3

Total volunteer hours





Julia Cornwell

Brigham Young University

Supporting & Empowering Women and Families

30

Total Volunteers

28

Volunteers 25 & younger

25

Personal volunteer hours served

15

Project volunteer hours

40

Total volunteer hours

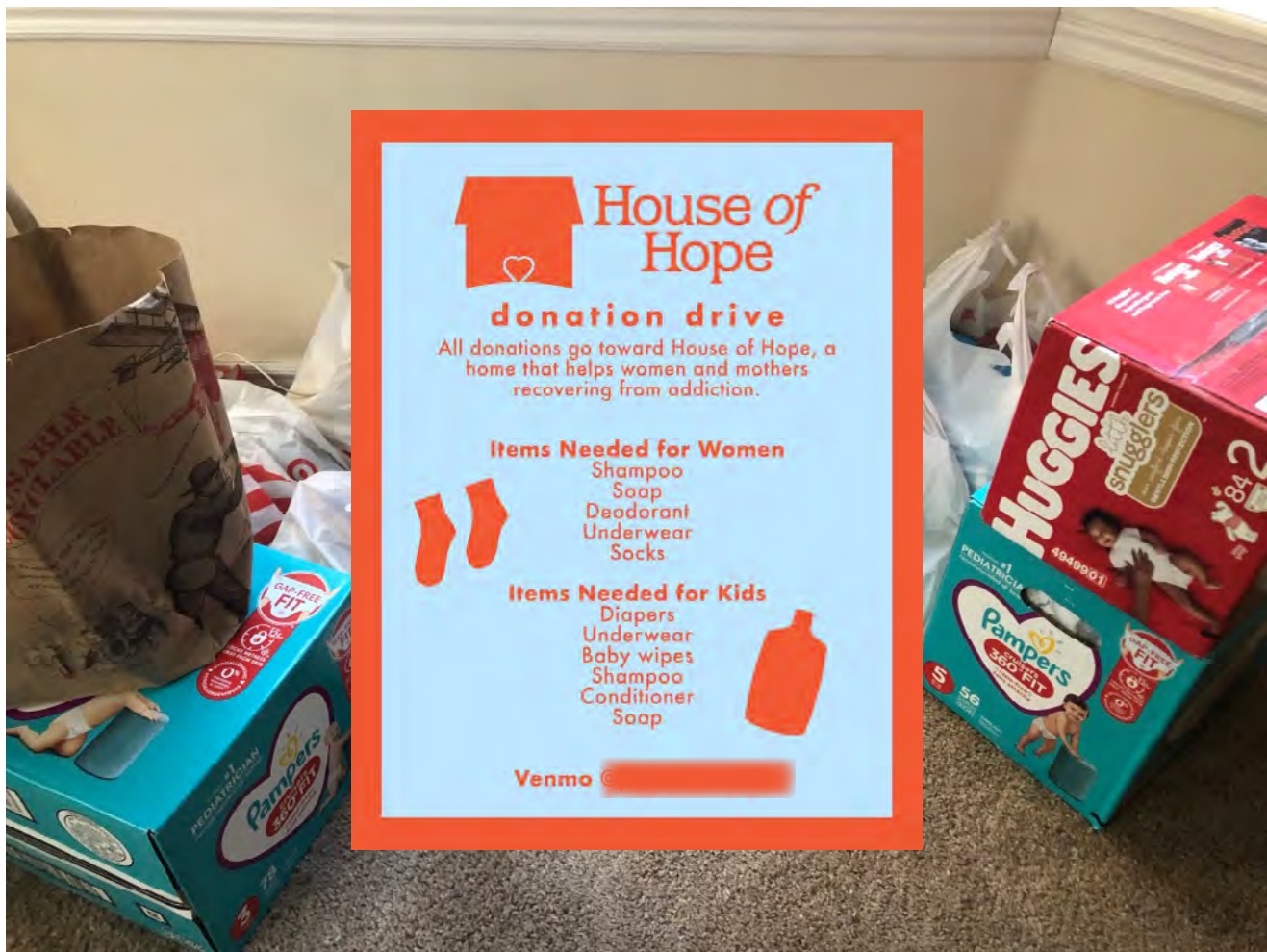
Project Description & Need:

I ran a donation drive for House of Hope. After contacting them, I learned what their greatest needs are and with some help, I created a digital flyer that could be shared with the information about donating. I collected monetary and physical donations for about a month. Then with some volunteers we used and monetary donations to buy additional items and then grouped everything we had received into categories. I then got to take the items to House of Hope and gave them donations in every category that they were in need of. Donations included shampoo, conditioner, underwear, deodorant, feminine hygiene, diapers for women and kids since many of the women do not have a safe place to leave their children while they recover at House of Hope.

Many women struggle from things like abuse, mental health problems, etc. that lead them to substance abuse and other self-harm. Women's health is sometimes less talked about and acknowledged and I knew I wanted to do something about that to help women help themselves. I think the first step in this issue is making sure women have their basic needs met. Because of this I decided to run a donation drive that would go to a organization (House of Hope) that guides women in recovering their health after addiction.

Volunteer Roles:

Many of the volunteers were people that went to the store to get donations or asked their friends and family for items on the donation list. I also had two people in graphic design help make and distribute the flyers. A group of seven also volunteered to go shop for more items with the money we had received.



Impact:

House of Hope gives women a safe space to recover from addiction of any kind. And while they try to make it a good environment, the women there may be going through some of the most difficult times of their lives. They have made a good choice to leave drugs or whatever it was, behind. But now their bodies may be in withdrawal, their relationships may be failing, and money or job status may be unknown. If these women have basic needs covered, toothpaste to brush their teeth and clean underwear to put on, they are much more able to focus on resetting their lives and creating a good future.

While not the purpose of the project, this process had a big impact on me. This donation drive was just the start. It opened my eyes to greater issues in women's health and has inspired me to continue planning greater and recurring projects. Many people wanted to help when they heard of my project and I think people will always want to be involved in service if I just show them where they can help. In addition to myself, I got a few comments from volunteers that this is not how they "usually spend a Friday afternoon" while shopping for donations, and that they were really happy to change things up and spend their time a better way.



Warren Ellsworth

Hillcrest High School

Supporting Refugee Students

2

Total Volunteers

4

Volunteers 25 &
younger

35

Personal volunteer
hours served

3

Project volunteer
hours

38

Total volunteer hours

Project Description & Need:

After an interruption in what I considered a regular service opportunity at the Boy's and Girl's Club due to the coronavirus, I was forced to search for a new opportunity, and eventually found refugee tutoring at my school. I realized that there is a significant need for tutors in our refugee population that is not being met as I began to serve. While I was serving, I was the only one serving (besides teachers), whereas the upwards of around 15 students could be used to help tutor daily. Therefore, I decided to do a project to outreach for more tutors and meet this need.

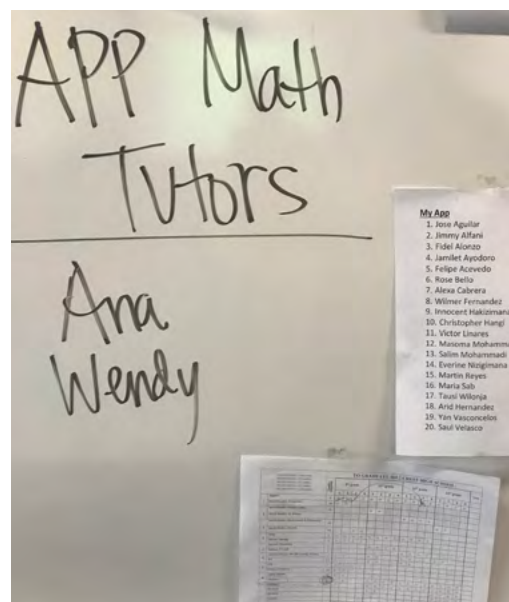
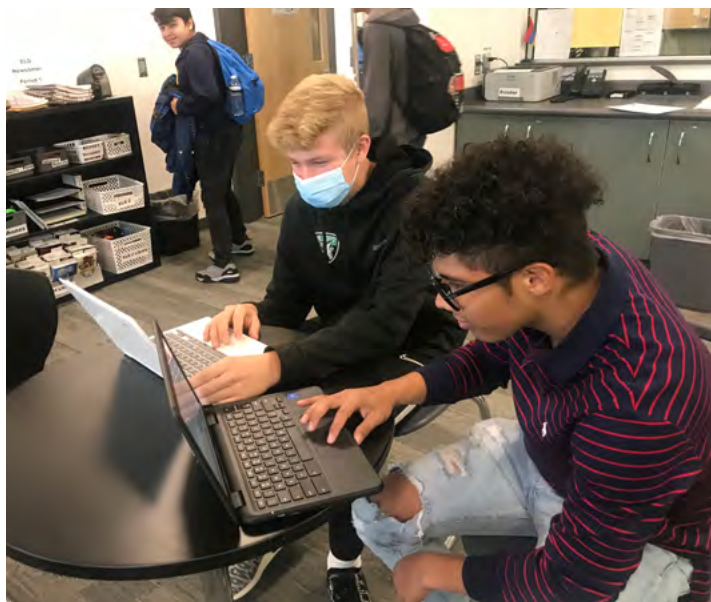
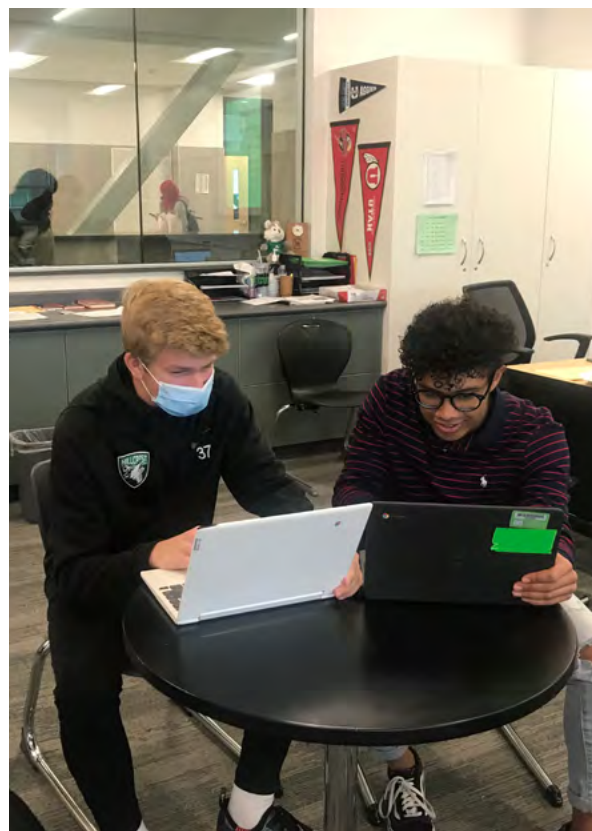
I designed and had personal posters printed to reach out to other students at my school and invite them to help serve. I also made training materials, management tools, and a sign-up calendar for volunteers. I also personally have been serving in this classroom throughout the year, so I incorporated many of my own experiences and connections into this project.

Volunteer Roles:

Since my project only recently began, only three other volunteers have really been involved in this project, all serving as co-tutors. One of those I found, and two came through a collaboration with my school's NHS club.

Impact:

Although my impact currently is less than I have anticipated, it is helping address the need I identified through an ongoing process. Since I am still in the process of recruiting volunteers, it will take a while before I have a complete deck of assisting volunteers. I think the most valuable impact my project has had so far was collaborating with NHS to provide tutoring. NHS's vast tutoring resources will allow my project to continue long after I leave high school.



I believe this service opportunity so far has impacted volunteers as I've seen them realize that they are needed and that their help is valuable. Especially with the one young man I've worked with so far, I watched him transform into a completely different person as he helped someone. I also saw him struggle to explain things as I have, since many of the refugees we tutor don't speak English. I think it was and will be a learning experience for other tutors who continue to join with me.



Jessy Fernandez

Salt Lake Community College

Art Beyond Borders

Project Description & Need:

The Covid-19 pandemic severely impacted the global community, placing marginalized communities at high risk of contracting the virus and developing severe health conditions, disproportionately affecting the Latinx community. My community faced additional barriers to testing, access to treatment, and economic crisis. The undocumented population faced the ineligibility for state resources, federal-funded assistance, and health insurance. Despite these barriers, an emergency fund was created at the Salt Lake Community College for undocumented students (with and without DACA). The fund included asylum seekers and U.S. citizens with undocumented parents. Students could apply to receive funding for past due tuition and fees, DACA filing fees, rent/housing fees, and food insecurity. With Covid-19 cases increasing and a need to come together in the community and stand in solidarity, Art Beyond Borders was created. The purpose of the art workshop was to come together in unity to create art and raise awareness. Thus, participants at the event had the option to have the artwork digitized to make prints, which then could be exchanged for donations to increase the Undocumented Student Emergency Fund. The cost of the art kits could not have been possible without the sponsorship of the Thayne Center for Student Life and Leadership and Community Engagement. In addition, the collaboration of LUCHA (Latinxs United for Change and Activism), and the Dream Center resulted in a creative activity that will continue annually as a part of Undocuweek, highlighting the resilience of the undocumented immigrant community. The event allowed for lots of activism in the form of educational awareness, fundraising, and community involvement. Overall I would describe the event as a success due to the attendance of students from other institutions, the president of the college, various student clubs, departments such as

25

Total Volunteers

25

Volunteers 25 &
younger

20

Personal volunteer
hours served

30

Project volunteer
hours

50

Total volunteer hours

the Office of Diversity and Multicultural Affairs, Latinxs United for Change & Activism, and the Thayne Center for Student Life and Leadership, and Community Engagement.

Volunteer Roles:

Due to the nature of the event, everyone involved to the cause was considered a volunteer. Roles included, art creation, event set up, and event programming.

Impact:

The project created awareness and raised funds for the Undocumented Student Emergency Fund.





Tyson Holman

Utah State University

Art & Aggiethon

33

Total Volunteers

30

Volunteers 25 &
younger

27

Personal volunteer
hours served

76

Project volunteer
hours

103

Total volunteer hours

Project Description & Need:

My goal for the philanthropic project was to raise funds to donate to Aggiethon, a local charitable organization founded in Logan by former Utah State students. Aggiethon uses donations to help fund critical treatments, healthcare services, pediatric medical equipment and charitable care for those in need at Primary Children's Hospital.

My project was a Quick Art "Auction", where for \$5 or \$3, a volunteer or group of volunteers would create a painting according to the wishes of the donor.

Volunteer Roles:

I organized volunteers to work as painters to fulfill orders, barkers to attract people from the surrounding area of campus, and as engagers to talk to donors while they waited for their painting to be finished in addition to keeping the painter supplies well stocked.

Impact:

Over the course of the event, we made over 80 paintings and raised over \$375. This money was donated to Aggiethon at the end of the week where they ended up raising over \$20,000.

Even though we had to adapt our outdoor venue to work around significant rainfall, the volunteers' spirits were all kept high by pursuing our mission of helping the sick children of Primary Children's Hospital. Our participating donors were responsive to our event and enjoyed their creative experience with our painters. Most indicated their intentions of putting their masterpieces on display in their apartments for all to enjoy.





Dominik Jamrich

Park City High School

School-based Student Tutoring

Project Description & Need:

My project was a “tutoring” campaign that aimed to raise students’ grade point averages, especially for seniors who were graduating after a tumultuous COVID-restricted year. Every week on Fridays after school, the volunteers and I would tutor the students who had come in to raise their grades. We would provide snacks in order to create a friendly, nurturing environment where students could work to raise their grades or fill the gaps in their education. This project was entirely school-based (done on campus) and approved by administration.

The need that was addressed in this project was education. Throughout the 2019-20 school year, especially due to the risks and restrictions imposed by the COVID-19 pandemic, many children were denied access to quality education. Though schools did launch retaliative efforts to combat this, nothing could compete with the environment created by in-person learning. Thus, many students found themselves behind during this school year (2020-21). This made for lower grade point averages and higher rates of failure. For example, in Park City High School, during 2020-21, the percentage of students who failed at least one class increased in comparison to the previous year. There was something that needed to be done about the shortcomings in children’s education brought about by COVID. Moreover, this project was selected because by improving education and helping students raise their grades, students see both an increase in standard of living as well as access to employment opportunities in adulthood, along with many other ramifications. Education is a key that can be used to open countless doors currently and later in students’ lives.

20

Total Volunteers

20

Volunteers 25 &
younger

62.5

Personal volunteer
hours served

50

Project volunteer
hours

112.5

Total volunteer hours

Volunteer Roles:

Volunteers were used as tutors during this project. By contacting several different teachers throughout the school, I was able to compile a list of students who excelled in certain subjects. Then, because of their particular expertise, students who were recommended were sent an email to ask for their help in tutoring. These tutors would then choose a subject that they preferred to teach. By utilizing other students as tutors, many teachers, whose work increased tremendously due to COVID, were able to lessen their load; in other words, this was a student-run program, giving the already-exhausted teachers time to catch up amidst the pandemic. Our students were able to share their knowledge, tutor their peers and provide their teachers with relief from burnout. By learning through their peers, many students created new friendships. Moreover, students, especially those who were unreceptive in the classroom, were more talkative and engaged when their friends were explaining the material. In this way, by being with their existing friends or when forming new friendships, students who did not learn best in a classroom setting were allowed to look past these setbacks and flourish.



Impact:

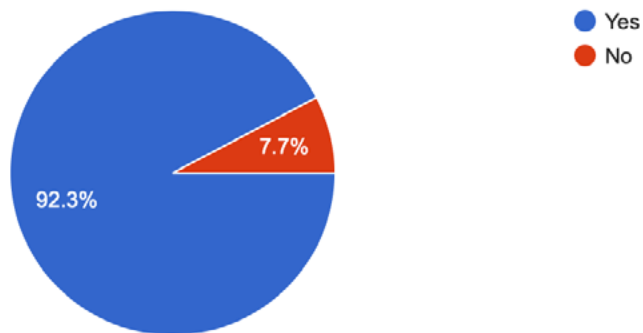
The project helped to address the need because it helped students, especially those affected by COVID, to raise their F's before the school year concluded. As previously discussed, the need was education, but more specifically, educational equality. This meant making sure that all students had access to quality education and the opportunity to better themselves. In this way, the project offered tutors the ability to better their own understanding of a subject while helping other students to understand that subject. By doing this, many of them improved their own grades. According to the statistics provided for me by the PCSD, it shows that there was on average, a 6-7% decrease in fail rates at Park City High School at the end of the fourth quarter of the school year (which is when my project was done), compared to the end of the second and third quarters. Though I cannot take all the credit for this decrease, this project was vital to addressing the need for quality education at Park City High School and in the surrounding area because it showed the students that they should not give up hope; it is normal to struggle, even with grades. What truly matters, however, is working hard to better yourself and your grades (or whatever else you may be struggling with!).

Working with the volunteers, as the program progressed, I saw them transform. At the beginning, many of the volunteers were occasionally frustrated with their peers, while others simply didn't understand the concepts as well as they thought. As the program went on however, these same volunteers began to become more patient and caring while also grasping a better understanding of the subjects that they were teaching. I am delighted to say that many of the volunteers as well as the tutees had grown intellectually as well as emotionally.



2. Do you feel that you made a difference in a student's life?

13 responses



Volunteer Feedback:

I created an end-of-program survey using google forms. On the form I asked 4 questions: How would you describe your experience as a tutor (One Word)?, Do you feel that you made a difference in a student's life?, was there something that you felt could've been improved upon?, and Would you be a tutor again?. I received very positive feedback on the survey as well as some areas for improvement. Under the second question, is there anything you felt could've been improved upon?, Many tutors commented that communication could've been better in the sense that there were so many more people we had the opportunity to help but simply missed. After all, there are always opportunities to scale.



Mariah Jeffery

Viewmont High School

Make-A-Wish Utah Fundraiser

Project Description & Need:

I hosted a yard sale, all items were donated by the community and all proceeds gained at the event were donated to Make-A-Wish Utah!

I decided to do a yard sale for multiple different reasons and impacts. #1 I wanted to help an organization near and dear to my heart Make-A-Wish Utah. Many people I know and love have been impacted by the goodness of Make-A-Wish Utah and I wanted to help others be able to feel the same joy in tough times. Reason #2 is being able to bring my community together through service. I had many people come out to help donate to the yard sale being able to see the impact an entire community can have in just a couple of days! #3 was the unexpected impact that happened at the yard sale. All the items were at a what you are willing to donate system many people came and found items that they have been needing and were able to decide what they were willing to donate. Many people told me how grateful they were and how helpful these things will be in their lives. They were all little things but were able to make a big impact!

Volunteer Roles:

Volunteers were used several different ways, as simple as helping to spread the word about the event, helping at the physical event by setting up all the items early in the morning, and helping to take all the leftover items not sold at the event to our local donation center.

Impact:

We were able to donate \$1,543 to Make-A-Wish Utah! This contributed to being able to create a community within our own city.

32

Total Volunteers

15

Volunteers 25 &
younger

32

Personal volunteer
hours served

13

Project volunteer
hours

45

Total volunteer hours

Volunteer Feedback:

The volunteers were overjoyed with the amount we were able to donate and became proud of what they did as a community.

Make-A-Wish UTAH YARDSALE

This year we saw personal growth in ourselves and we learned how to overcome difficult trials that we never thought we would have to face. Well, there are children facing that same experience but on a whole new level! There are 30 kids just in our area awaiting for their wish to be granted so it is our turn to step in and help and this is how.

DONATE!

Venmo: @mariah_jeffery

We will be accepting items that would like to be donated to the yard sale anytime before August 7th. We will also be accepting donations through Venmo if you are not able to make it to the event!



COME & SUPPORT

We will be having a yard sale at 107 east 900 north Bountiful Utah on August 7th 2021 from 9am-2pm with all proceeds being donated to Make-A-Wish Utah! We can't wait to see our community come together to help hit Our goal of \$1,000!





Noor Majeed

Skyridge High School

Local Youth Engagement in Policymaking

Project Description & Need:

My project was selected to connect local policy makers and youth to discuss the current, statewide issues of today.

Members of the Saratoga Springs, Cedar Hills, and Highland Youth City Councils gathered to hear from a variety of public officials. Highland City Mayor Mann discussed local governmental regulations and Representative Maloy discussed the House Business and Labor Committee. Representative Brammer spoke about the Utah Lake Commission, and Representative Christofferson discussed roads and transportation.

Volunteer Roles:

Volunteers helped with contacting policymakers, setting up the event location reservations, brainstorming additional ideas for the project, and helping to set up and clean up during the event.

Impact:

Attendees gained knowledge about local governmental regulations and the power they have as youth to influence government.

In a survey attendees were asked to fill before and after the event took place, some attendees stated that they did not know a lot about local government. After the event took place, attendees stated that they learned about how bills are passed, how change in a community happens, and how policymakers are dedicated to helping their communities.

12

Total Volunteers

5

Volunteers 25 &
younger

31

Personal volunteer
hours served

22

Project volunteer
hours

53

Total volunteer hours





Carolyn Jill Marlin

The Waterford School

Homelessness Resources

49

Total Volunteers

47

Volunteers 25 &
younger

39

Personal volunteer
hours served

45.9

Project volunteer
hours

84.9

Total volunteer hours

Project Description & Need:

The Road Home in Midvale was one of a few shelters on the Salt Lake City area that indicated that their biggest need was for hygiene products. We decided to provide The Road Home's visitors with a months worth of hygiene products (inclusive of towels and washcloths) for men and women, delivered in personal drawstring backpacks. The hope is that recipients will feel clean and have increased self confidence that would allow them to face the day with a strong and optimistic outlook.

Over the month of April, we collected funds from Waterford families and some corporations. This allowed us to bulk purchase at a low cost many hygiene products. We also ran a collection drive at Waterford during this month. On May 14, we held a mass packing drive which allowed us to deliver 150 bags to The Road Home.

Volunteer Roles:

The goal of the project was to engage younger members of the school, many of whom are often told that they are too young to do meaningful community service. Older volunteers in the school- high schoolers specifically- were recruited to organize the backpacks and hygiene products onto 7 different tables. This was done in an assembly line fashion. Once that was all organized, middle school and elementary school students were encouraged to come pack bags. The packing project was held during the middle school social so many younger students were at the event and naturally engaged in our project. The process worked as follows. The younger kids took a bag and, with the coaching of older students, slid a bag down the tables, filling them with hygiene products. At the end of the assembly line, the completed backpacks went into large boxes. About 4 older student volunteers delivered the boxes to The Road Home that evening.



Impact:

150 hygiene bags were delivered to The Road Home. I founded Bags of Love Utah with this project as our first endeavor. Since then, we have run two more successful projects. We want to deliver “Bags of Love” to all who need in Utah. Bags of Love Utah is specifically aimed at getting young volunteers to make an impact and assist Utah’s needs.

The volunteers were intrigued by the idea that they could help out. Waterford School tends to be a privileged environment and it was a really great feeling for many kids to lend a hand and feel like they could actually be of help and service. Personally, It was a great feeling that my project could make such an impact- both on the recipients of the bags and on the volunteers. Afterwards, kids asked if they could volunteer for other events. I took down their names so I could contact them when a project came up. All of the following events so far have had wonderful turnouts.



I also think this project empowered us to be more organized and streamline our time. We did a lot of prior planning to make this happen. For example, before the event, product was sorted and boxes of product were labeled with what table they needed to be unpacked on. I also wrote this all out on paper so that when it came time to unpack, it was all very clear to the volunteers. Also, I held a mini orientation for the high school volunteers just before the event so they all knew their role. We were very thankful for our volunteers who took time out of their busy schedule to assist and I made sure to thank them all.





Brynna McCormick

Uintah High School

Increasing Student Service

Project Description & Need:

I created two scholarship funds that will be awarded to students strictly based on the service they complete throughout the school year. I hoped this would encourage youth in my town to get involved and realize the importance of serving others.

Students in my community often only receive scholarships or recognition for their athletic or academic achievements. This limits the importance placed on community involvement and service in my school.

Volunteer Roles:

I used volunteers to help me make a Levi Uintah quilt to be raffled in order to raise money for the scholarship fund. Then volunteers helped me sell raffle tickets.

Impact:

The project has encouraged students to find ways to serve each other and our community which has made our town a better place to live. It has also allowed students who aren't normally recognized to have a chance in the spotlight.

I believe students better understand the impact serving can have on others and yourself and realize that it is just as important as GPA or an ACT score.

6

Total Volunteers

6

Volunteers 25 &
younger

50

Personal volunteer
hours served


60

Project volunteer
hours

110

Total volunteer hours



 **serve UINTAH**





Annie McNeill

Beaver High School

Substance Abuse Education

27

Total Volunteers

17

Volunteers 25 &
younger

23

Personal volunteer
hours served

15

Project volunteer
hours

38

Total volunteer hours

Project Description & Need:

I orchestrated a 'Prevention Week' in our local Jr. High to show the risks and dangers of substance abuse. Through activities, assemblies, and pro-social activities, I aimed to educate our 7th and 8th grade students on substance abuse as well as give them an opportunity to interact with their peers and show them that they have a place in the community.

According to SHARP Survey data, kids in Beaver are using illicit substances as young as age 12. I realized that in our Jr. High there isn't anything directly targeting substance use through the school so I decided that an activity week similar to Red Ribbon Week would be a good way to educate kids about the dangers of drug and alcohol use. I worked with our community's youth coalition for this event, which also exposes kids to one way they can get involved and volunteer in their community.

Volunteer Roles:

We had a lot of different volunteer roles throughout the week. We had volunteers chaperone the dance, set up our lunch booth, help with snacks at our movie night, and present at our assembly. The Beaver High Youth Coalition supplied a lot of our youth volunteers and presenters. We also had teachers at the school volunteer to help at our assembly as well.



Impact:

The perception of risk in these young kids is really low. In other words, they really don't know how bad illicit substances are for your body at such a young age. My project gave kids multiple opportunities to learn about the harm of substance use. Pro-social activities are also a protective factor for substance use, so our dance and movie night increased that protective factor in these kids.

Talking to some of the youth coalition members after our activity, they said they didn't realize how these kids didn't know the effects of substance abuse. They also said they want to help plan another activity similar to this for high school kids as well.

Volunteer Feedback:

The volunteers thought we had a good turnout and thought the students enjoyed the activity. They also liked being able to interact with the younger students.



Abigail Mickelson

Southern Utah University

Addressing Period Poverty

Project Description & Need:

Period poverty is a term used to describe the struggle that many women and girls face because they lack access to adequate menstrual health management supplies and education, and it can have serious consequences. While the evidence is still developing, we know that without access to available, safe, affordable period products - and safe and convenient facilities with water and soap - menstruators may experience the following in their lifetime: health challenges, stigmatization and shame, and school and work absenteeism. When women cannot tend to school, work or familial responsibilities because of period poverty, this impacts their families, communities, and nations.

The Office of Learning Abroad (OLA) at Southern Utah University (SUU) wanted to take Days for Girls (DfG) hygiene kits on their studies abroad this Summer to distribute to women and girls in third world countries. Before the completion of the project we didn't have any completed kits.

In order to complete the kits, we will need to assemble all the pieces and check for any supplies that do not meet quality standards. The DfG Pad is a washable, reusable, beautiful menstrual health product that's built to last. Its design is backed by the latest menstrual health research and a decade of feedback from women around the world. It is a truly sustainable solution that menstruators can count on month after month, for up to three years. To manage menstruation effectively, a menstruator needs more than just a pad. That is why we offer Days for Girls Kits. It all starts with a DfG Pad: the basic unit of a Days for Girls Kit. A DfG Pad contains one waterproof shield and two absorbent liners. Other components of the kit include a drawstring bag to hold components, a care and use sheet, soap, panties, a washcloth, and a transport bag for washing and storing.

12

Total Volunteers

12

Volunteers 25 &
younger

15

Personal volunteer
hours served

20

Project volunteer
hours

35

Total volunteer hours

**Volunteer Roles:**

During the service project the volunteers helped assemble and check the kits for the required materials. Before the study abroad, the OLA will come to the CEC and pick up the completed kits to be delivered abroad.

Impact:

This project will change women's and girls' lives for the better. It will also increase their understanding of the natural bodily function of menstruation. We are adding days back to girls' lives that would otherwise be lost. This project will alleviate some shame and pain that comes along with monthly menstruation.

It doesn't fit in a bag, but we always include health education during all of our kit distributions. Education is a vital component to menstrual equity. Whether purchased directly by a customer from the community or distributed through a school or organization, our education seeks to shatter the shame and stigma associated with menstruation.



Jaden Nelson

Grand County High School

Environmental Stewardship

4

Total Volunteers

3

Volunteers 25 &
younger

34

Personal volunteer
hours served

24

Project volunteer
hours

58

Total volunteer hours

Project Description & Need:

With our project, we were tasked with getting people to assist in the protection of trees against beavers. It may sound silly but locally we are facing a problem in our creeks and other waterways especially during our flash flood season. Our job was to chain fencing to the bases of cotton wood trees near a trail called "Steel Bender" to protect the trees near a beaver lodge.

Volunteer Roles:

With the need that was assessed the volunteers were used for physical labor. Our local DNR doesn't have staff to full capacity so workers and time was all that was needed.

Impact:

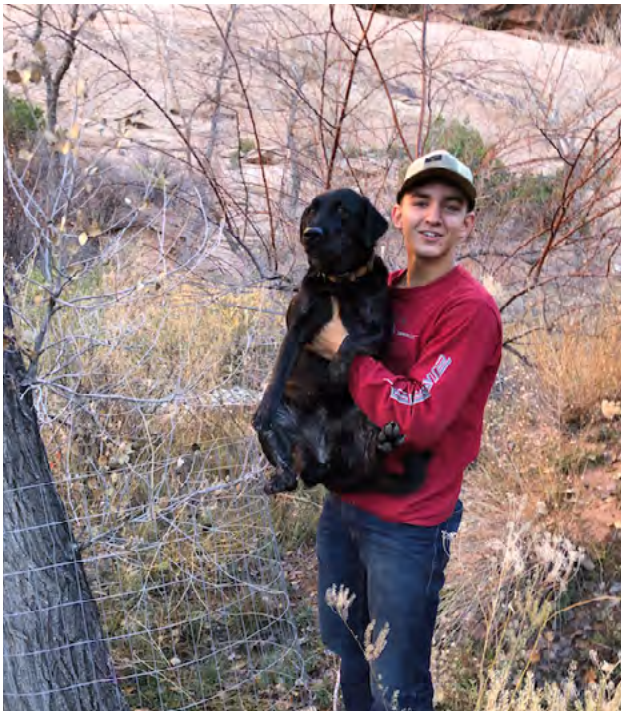
Our project accomplished the need as close to perfect as we could get. Obviously we couldn't do all the work that they might need but we accomplished the task that we had set out and we also put in place easy access for people who also want to volunteer their time.

I believe there was a change in attitude towards volunteerism. Because we live in a small town all of the "volunteers" were all really close friends of mine and they aren't typically wanting to spend their free time doing volunteer work. I think by the end of the day and after I was able to explain what it was I was trying to do with UServeUtah I think they had a change of mind. Especially when they see that volunteering doesn't always mean working at a soup kitchen.

Volunteer Feedback:

"I had a good time working with my friends. And since I want to become a game warden I think it was awesome to get a hands on experience with what I will be doing when I become one." - Lane Berry

"Even though working sucks, I still got to spend the afternoon with my friends and know that what I did is for something good." Tyler Bohannon





Nina Serafin

Park City High School

Styrofoam-Free PCSD

15

Total Volunteers

12

Volunteers 25 &
younger

40

Personal volunteer
hours served

10

Project volunteer
hours

160

Total volunteer hours

Project Description & Need:

My project was an initiative to remove all styrofoam from the Park City School District cafeterias. This initiative helped to improve student health and environmental quality. Through student lobbying, Op-Eds, and persistent communication and collaboration with my school board, the initiative was passed on August 02, 2021.

I selected my Cafeteria Styrofoam Removal project because the students in the Park City School District were in need of a healthier, safer, and more sustainable container option in cafeterias in order to ensure a healthy planet and student body.

Volunteer Roles:

My recruited student volunteers worked to spread community awareness surrounding the issue of Styrofoam in school cafeterias and the need for change through social media posts and gathering community support signatures. Some of my volunteers helped send emails to school districts around the country who had taken action to remove styrofoam from school lunches to discuss their success and pieces of advice.

Impact:

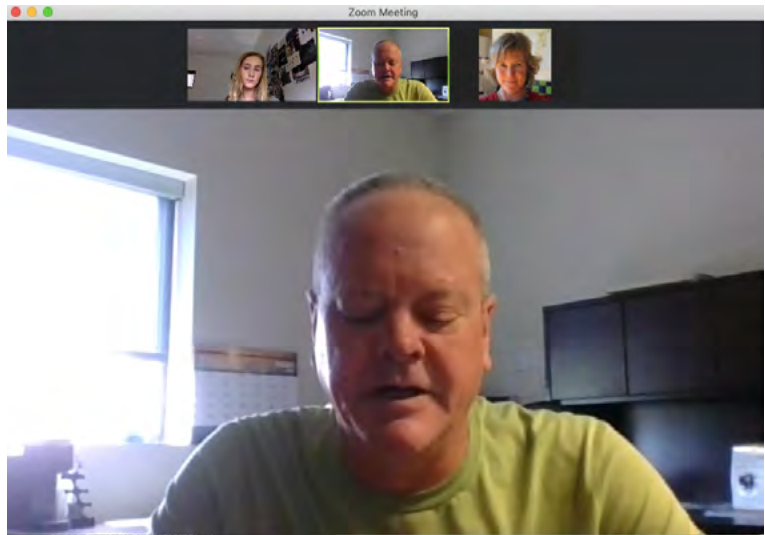
This project ensured the permanent removal of all Styrofoam products in the Park City School District Cafeterias by the end of the 2021-22 school year.

Throughout the duration of my project, I saw my volunteer team grow in their communication skills and ability to effectively advocate for change in our community of Park City and with people in positions of power/authority such as the district board members. This project also opened many Park City High School students' eyes to the possibility and need for climate mitigation/environmental preservation. Since the

completion of my project, I have had many students reach out to me with inquiries of how to become more involved in local environmental activism and service projects.

Volunteer Feedback:

My volunteers expressed their appreciation for being able to help create change in the school district and learn how to take action as a youth.





Erica Teafor

Weber State University

Increasing Student Leadership

Project Description & Need:

The project was a collaboration between Weber State Universities Leadership Team and Spencer Horn the CEO from Altium Leadership. The presentation given was a chance to produce and inspire more leaders and to give students an insight into leadership qualities.

This project was a partnership with Spencer Horn from Altium Leadership. It served with the purpose to educate Weber State University and college students the neuroscience behind leadership so that our university can produce capable leaders.

Volunteer Roles:

The volunteers were allowed to sit, listen, and attend the presentation that was given by Spencer Horn about the Neuroscience of Leadership.

Impact:

With such a positive experience at Weber, Spencer Horn offered to come back and attend a WSUSA Leadership training to teach all of our current leaders at the University.

All of our volunteers that are already attending WSUSA did decide to attend the same leadership program the following year.

Volunteer Feedback:

Many reported how engaging the presentation was, and how they would love to rejoin another presentation from Spencer Horn after the pandemic has receded.

12

Total Volunteers

10

Volunteers 25 &
younger

18

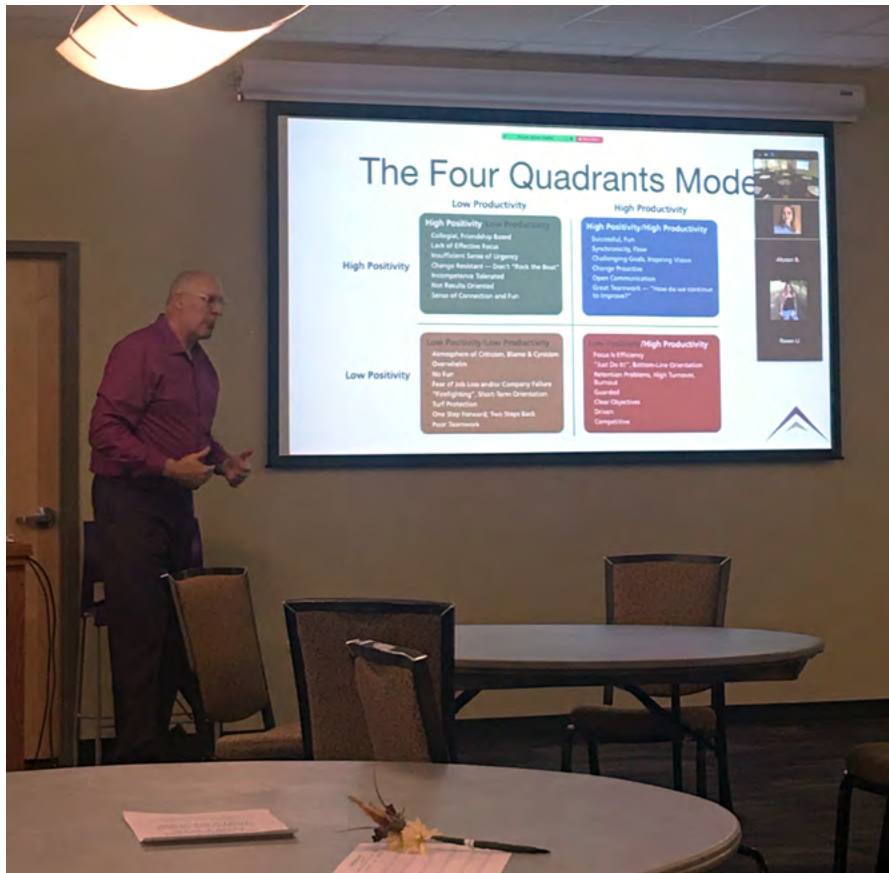
Personal volunteer
hours served

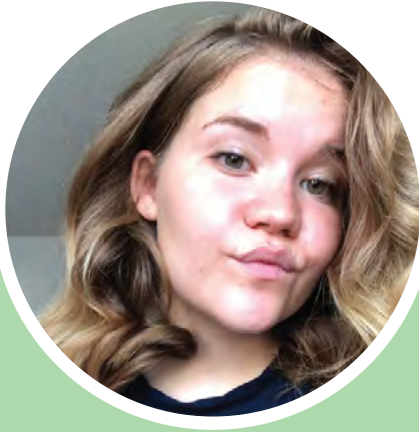
24

Project volunteer
hours

42

Total volunteer hours





Veronica Teaford

Utah Valley University

Addressing Period Poverty

42

Total Volunteers

15

Volunteers 25 &
younger

48

Personal volunteer
hours served

84

Project volunteer
hours

132

Total volunteer hours

Project Description & Need:

I chose to do a Days for Girls Project to promote the unification of community to help those in far places. Days for Girls ships out to companies that take their hygiene kits to multiple countries like Tahiti.

We brought together a community in the Davis County area to pack menstruation hygiene kits that ships out to girls all over the world.

Volunteer Roles:

Volunteers were placed in an assemble line where they had the role to pack a piece the hygiene kit to complete the entire kit. Individuals packed soap, undies, washcloths, liners, snap liners - which were all packed into a drawstring bag and was put into a box!

Impact:

A few people that I knew from high school came and I knew them as very shy. They were able to show up, get to work, and enjoy the process!

On the contrary, I did not know quite a few people (hooray for advertising!). Some came individually and some with a group. By the end of the project I noticed that those singles became doubles and groups formed even bigger! The service project really did unite a bunch of people together because they all came together and did more of what they loved.





UServeUtah Community

Service Project

September 11th, 2021
1-3pm

- 1** Help us serve Days for Girls by assembling and packing menstruation hygiene kits for shipment to girls around the world!
- 2** Our facility is in North Salt Lake and can hold 60 participants. You will get a confirmation email that includes an address and acceptance.
- 3** Sign up with the QR code on this poster! Thank YOU for making an IMPACT!



DAYS FOR GIRLS
daysforgirls.org





Jade Tran

Skyline High School

Increasing Recycling Awareness

Project Description & Need:

My project aimed to gauge recycling awareness among youth, specifically teenagers in the Taylorsville and Millcreek areas. I personally did research and designed an infographic on curbside recycling. My aim was to include some of the commonly used household objects that most people aren't sure what to do with (batteries, nail polish, electronics, etc.). I created a Google form and had people respond to some pre-questions. I then had them read over the infographic and asked some reflection questions to determine whether having an increased access to knowledge regarding recyclable materials would increase the likelihood of them recycling more correctly. The volunteers in my project helped to distribute the survey.

This project was selected because environmental consciousness is one of my developing passions. The need for it was identified when I was with my sister one night following Black Friday. The clothes we had bought had been shipped but we weren't sure if the plastic bags/envelopes they were shipped in were recyclable. Moreover, often times when we get take out, there are different types of containers that we're not sure are recyclable or not. This need for recycling awareness led me to think of this project.

Volunteer Roles:

I personally used 14 volunteers during my project. Their role was mainly distribution of the survey and finding more respondents. I asked them to take the survey and send it to others (no minimum requirement to how many they had to send it to), so volunteers generally sent it to anywhere between 1-100 potential respondents. However, there were 70 total in terms of people who volunteered to respond to the survey.

84

Total Volunteers

84

Volunteers 25 &
younger

20

Personal volunteer
hours served

2

Project volunteer
hours

22

Total volunteer hours

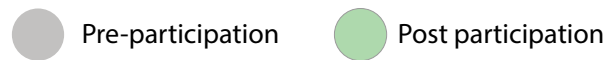
Impact:

The project helped address the need by providing a brief and easy-to-remember way in educating youth about different types of recyclable goods. I used a bulleted list format to keep it simple and tried including the more commonly confused recyclable goods to try and address what the majority of people may not know about recycling.

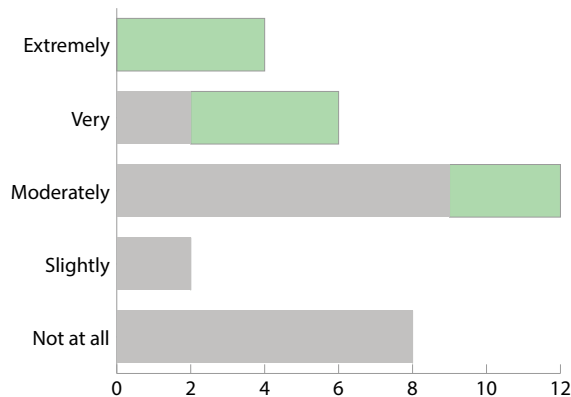
According to the data I gathered from the survey, a large majority of respondents were more likely to recycle or recycle correctly following the project. There were a few outliers as I had a couple respondents already know a lot about recycling. However, the majority of people who took the survey noted that at least some of the information presented on the infographic was new knowledge.



Pre/Post Survey Results



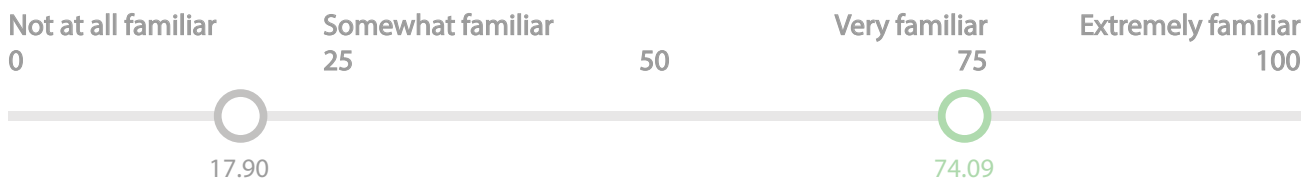
How familiar are you with the six Community Engagement Pathways?



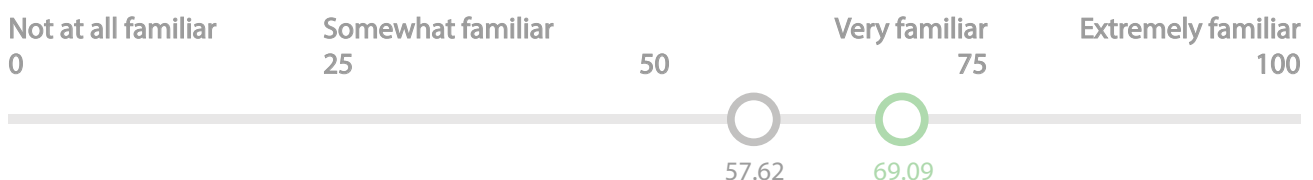
How confident are you in your ability to lead a community engagement project by yourself?



How familiar are you with the Utah Commission on Service and Volunteerism (UServeUtah)'s mission and work?



How familiar are you with volunteer resources in your community?



How strongly do you believe you can make your community a better place?



If a youth in your community asked you about ways they could volunteer, how confident are you now in your ability to give a good answer?



How likely are you to be engaged in your community in the future (post Youth Council)?*

*only asked in post-survey



The 2021 Youth Council reports a measurable increase in several key indicators including their familiarity with community resources, their ability to lead a community engagement project, their belief that youth can make their community a better place and point other youth in the direction of service opportunities. This year's Youth Council members also report that they are very likely to continue to be engaged in their community in the future.